

Curriculum Vitae
of
Sheila Bloom Singer, Psy. D.
1640 Town Center Circle, #204
Weston, Florida 33326
(954) 349-1060 • (954) 380-5866 Fax

Languages

Fluent in English and Spanish

Citizenship

U.S.A.

Licensed Clinical Psychologist

03/05 - Present Private Practice in Clinical Psychology.
Weston, Florida

03/05 Licensed Clinical Psychologist
State of Florida Department of Health Division of Medical Quality Assurance
License # PY 7101

Education

08/98 - 08/03 Doctor of Psychology (Psy.D.) in Clinical Psychology
Nova Southeastern University
Fort Lauderdale, Florida
Cumulative GPA: 3.92/4.0
Comprehensive Examination Passed Fall 2001
Directed Study Completed under the advisory of Linda C. Sobell, Ph.D., ABPP

08/98 - 08/00 Masters of Science in Clinical Psychology
Nova Southeastern University
Fort Lauderdale, Florida
Masters degree credits completed towards doctorate.

01/97 - 5/98 Bachelors of Arts Degree in Psychology
Nova Southeastern University
Fort Lauderdale, Florida
Cumulative GPA: 3.97/4.0

01/97 - 12/97 Certificate in Substance Abuse Studies
Completed all course requirements for CAP Certification
Nova Southeastern University
Fort Lauderdale, Florida
Cumulative GPA: 4.0/4.0

Academic Honors

Alpha Chi National Honor Society

Psi Chi Honor Society
 Share Program at Memorial Regional Hospital Recognition Award
 Dean's List 4 years of Undergraduate Education
 Nova Southeastern University Honor Award for Scholarship
 Florida Atlantic University Psychology Association Research Assistant of the Year Award

Clinical Training Experience

08/03 – 09/04

Postdoctoral Resident
The Renfrew Center
For the Treatment of Women with Eating Disorders
 Coconut Creek, FL

Provide individual, family, and couples' psychotherapy to inpatient residents suffering with eating disorders including anorexia, bulimia, and compulsive over eating using a variety of paradigms. Patients at The Renfrew Center present with a variety of comorbid concerns that include personality disorders, major depression, anxiety, OCD, trauma, substance abuse, family of origin issues, relationship concerns, assertiveness issues, and grief/loss. The Renfrew Center treatment modalities focus on CBT and Feminist orientations, but also include an eclectic array of techniques that provide a holistic treatment approach. Duties also include leading both psychoeducational and process oriented groups, collaborating within a multidisciplinary treatment team through staffing team/case presentation, and consulting. Individual supervision for 1 hour weekly.

Supervisor: Alison Tarlow, Psy.D.

08/02 – 08/03

Predoctoral Psychology Intern
Northwestern University
Counseling and Psychological Services (CAPS)
 Evanston, IL
 APA Approved

Provide individual brief and longer-term psychotherapy to undergraduate, graduate, and professional students struggling with a variety of presenting concerns, including eating disorders, personality disorders, major depression, anxiety, family of origin issues, relationship concerns, assertiveness issues, and grief/loss. Maintain ongoing caseload that was diverse in ethnicity, sexual orientation, socioeconomic status, and presenting concern. Co-facilitate a year-long general process therapy group for graduate students, many of whom were coping with depressive episodes and/or relationship issues while managing the stress associated with graduate studies in rigorous academic programs. Provide daytime and after-hours crisis intervention, including two hours of weekly walk-in/crisis coverage, three hours of weekly daytime on-call availability, and one week per academic quarter of after-hours/on-call beeper duty. Assess clients' level of urgency and utilized campus and community resources as appropriate to ensure student welfare. Consulted with, and appropriately utilized, local hospitals and crisis services in order to provide continuity of care that was in the best interest of the students. Provided consultation to the campus community through outreach interventions and presentations. Outreach topics include eating disorders, study skills, stress management, relationship issues, and use of counseling skills for undergraduate resident assistant training. With a senior staff psychologist, served as designated liaison for 2 residence halls and for a professional student body. Engage in clinical consultation with university deans and administrators, faculty, Residential Life, families of students, insurance companies, and off-campus providers to ensure student welfare and provide continuity of care. Supervise a doctoral-level clinical psychology graduate student, who was enrolled in a yearlong externship. Reviewed audiotapes of therapy sessions, assist with development of therapeutic skills, and perform chart reviews. Conduct at least three hour-long intake assessments weekly, implementing necessary treatment referrals and consulting with insurance companies, off-campus providers, and families as needed. Provide DSM-IV diagnoses utilizing all five axes. Collaborate within a multidisciplinary treatment team through staffing team/case disposition, informal consultation, and formal consultation/seminars. Actively participate and present case material in two hours of weekly didactic training seminars and two-three hours of weekly group supervision. Group supervision included supervision of supervision, psychodiagnostic work, psychiatric consultation, process therapy group, and outreach to campus community. Receive two hours of

Sheila Bloom Singer, Psy.D.

weekly individual supervision of clinical work. Administer and interpret testing batteries, including personality assessment tools and projective instruments. Serve on selection committee and interview applicants for the 2002-2003 externship/practicum training program. Contributed to the completion of an intern project.

Completed 2000 Hours

Supervisors: Henry Perkins, Ph.D. (primary supervisor)
Diane Lin, Ph.D. (secondary supervisor 1st 6 months)
David Shor, Ph.D. (secondary supervisor 2nd 6 months)

08/00 - 08/01

Practicum Therapist
Nova Southeastern University Student Counseling Services
Nova Southeastern Community Mental Health Center
Fort Lauderdale, Florida

Provided brief and long-term therapy for undergraduate and graduate students ranging in age from 18-40 from culturally diverse backgrounds. Presenting problems included mood disorders, anxiety disorders, eating disorders, sexual abuse, relationship difficulties, Axis II diagnoses, adjustment difficulties, personal growth, and career issues. Treatment modalities included cognitive-behavioral, supportive, existential and interpersonal/psychodynamic. Performed intake evaluations, crisis intervention, assessment, crisis intervention, career development, and outreach programming. Individual supervision for 1 hour weekly.

Completed 720 Clinical Hours

Supervisor: Barry A. Schneider, Ph.D.

08/99 - 08/00

Practicum Therapist
Guided Self Change (GSC)
Nova Southeastern Community Mental Health Center
Fort Lauderdale, Florida

Provided brief motivational therapy in English and Spanish to individuals 16 years of age and older with moderate substance abuse or dependence. Comorbid diagnoses included depression, anxiety, sexual abuse, and relationship difficulties. Performed intake evaluations, conducted weekly individual psychotherapy, and participated at weekly staff conferences. Clients varied in terms of social and religious backgrounds and ethnicity. Received 30 minutes of individual supervision and two hours of group supervision per week.

Completed 480 Clinical Hours

Supervisor: Linda C. Sobell, Ph.D., ABPP

07/99 – 03/00

Practicum Therapist
Nova Community Center for Older Adults (NCCOA)
Nova Southeastern Community Mental Health Center
Fort Lauderdale, Florida

Provided outpatient psychological evaluation and treatment to a Spanish speaking individual 55 years or older. Responsible for individual therapy, intake evaluations, treatment planning, medication management as well as psychological assessment and reports. Participated in case presentations and attended bimonthly cognitive-behavioral therapy seminars. Received 30 minutes of individual supervision weekly.

Completed 60 Clinical Hours

Supervisor: William J. Kelleher, Ph.D.

Other Clinical Experience

11/99-02/00

Student Clinician - Group Therapist
One Stop Program
Conte' Institute
Broward County Jail
Fort Lauderdale, Florida

Sheila Bloom Singer, Psy.D.

Provided group therapy to male inmates incarcerated for drug and domestic violence related crimes. Sessions occurred twice weekly and consisted of psychoeducational training in anger management, problem-solving skills, stress inoculation, and social skills. Responsibilities also included assessments. Received 1 hour of group supervision weekly.

Supervisor: Linda C. Sobell, Ph.D., ABPP

08/97 – 12/97

Student Clinician – Group Therapist
Share Program
Memorial Hospital
 Pembroke Pines, Florida

Provided inpatient treatment for substance abuse including co-leading substance abuse treatment group therapy sessions, individual psychotherapy, treatment planning, assessment of progress, and charting. Received 1 hour of individual supervision weekly.

Supervisor: Alan Schulman, Ph.D.

Related Work and Teaching Experience

05/01 – Present

Coordinator for Nova Southeastern University Student Counseling Services
Nova Southeastern Community Mental Health Center
 Fort Lauderdale, Florida

Responsible for all administrative duties. Liaison and consultation between the Office of Recreation and Wellness, the Nova Community Mental Health Center, students, and the practicum site. Provided crisis intervention, evaluation and assignment of clients to therapists, review student reports, and student mentoring. Orienting and training new student therapist to the program, supervising and consulting with current practicum students. Facilitation of staff meetings, conducting chart reviews on student caseloads, updating data, screening and scheduling intake evaluations, and attending monthly Nova Community Mental Health Center Coordinator meetings. Developing and coordinating outreach programs for the Nova Southeastern University student body.

Supervisor: Barry A. Schneider, Ph.D.

08/01 - Present

Teaching Assistant
Course: Systems/Family Therapy I and Systems/Family Therapy II
Nova Southeastern University
 Fort Lauderdale, Florida

Assisted in the instruction to 2nd and 3rd year doctoral students. Taught classes, promoted class discussions, and highlighted basic techniques for family and couples therapy. Provided liaison between professor and students, mentored students, and graded assignments. Also, conducted clinical supervision for 2nd and 3rd year practicum students.

Supervisor: Isabel Streisand, Ph.D.

Research Experience

01/01 – 06/01

Directed Study: Research
 Nova Southeastern University
 Fort Lauderdale, Florida

Social Risk Factors for Substance Abuse and Domestic Violence in Adolescents

Supervisor: Linda C. Sobell, Ph.D., ABPP

01/99 - 04/00

Research Volunteer

Choose to Stop Program
Nova Southeastern University
 Fort Lauderdale, Florida

Assisted in the literature review and creation of treatment protocol for substance abuse and domestic violence to be used in women's correctional facilities. Currently in review for use and publication.

Supervisor: Faye Johnston, M.S.

01/98 – 06/98

Undergraduate Research Assistant
Nova Youth Counseling Center
Nova Southeastern University
 Fort Lauderdale, Florida

This program is an NIMH-funded study investigating efficacy of two treatment modalities for adolescents with conduct disorder and substance dependence. Duties included data entry, reviewing tapes for adherence to protocol and chart reviews.

Supervisors: Nathan Azrin, Ph.D.
 Alan Schulman, Ph.D.

01/96 - 06/96

Undergraduate Research Assistant
Florida Atlantic University
 Ft. Lauderdale, Florida

Research investigated the accuracy of memory in school-aged children. Duties included data entry, transcribing and coding of videotapes as well as training of other students. Participated in weekly staff meetings.

Supervisor: Lauren R. Shapiro, Ph.D.

Volunteer Work/Professional Development/Community Outreach

5/15-5/16/03

Midwest Intern Retreat
Allerton House
 Monticello, Illinois

Assisted fellow interns in designing and implementing developmental programming for the enrichment of interns and training directors from seven Midwest counseling centers. Facilitated the processing of the internship experience and the parallel process of the training directors.

2/26/03

Case Presentation
Northwestern University
 Evanston, Illinois

Present Guided Self Change protocol to staff. Led discussion of cognitive behavioral/motivational treatment of substance abuse. Focused on harm reduction vs abstinence philosophy. Presentation integrated case conceptualization, case history, and techniques in the treatment of college students.

01/03- 3/03

Co-lead Stress Management Clinic
Northwestern University
 Evanston, Illinois

Sheila Bloom Singer, Psy.D.

Co-lead weekly hour-long didactic and experiential presentation on stress management. Clinic is conducted in ongoing 4 session modules that focus on member's individual needs. Psychoeducational materials are provided and relaxation techniques are demonstrated.

02/03

Stress Management and Caring Confrontation
Northwestern University
 Chicago, Illinois

Designed and presented workshop that emphasized management techniques and coping skills. Also, emphasized strategies to combat anxiety such as relaxation and positive self-talk as well as reaching out to others that might be in distress. Psychoeducational materials as well as campus resources were also provided.

11/02

Study Skills and Stress Management
Northwestern University
 Evanston, Illinois

Designed and presented workshop that emphasized study skills and time management techniques. Also, emphasized strategies to combat test anxiety such as relaxation and positive self-talk. Psychoeducational materials were also provided.

10/02

Building Connections Conference
Northwestern University
 Evanston, Illinois

Assisted in facilitation of workshop designed to promote prosocial behavior and increased connectivity among student population.

9/02

Eating Disorders Workshop for Student Athletes
Northwestern University
 Evanston, Illinois

Assisted in facilitation of workshop designed to promote understanding of eating disorders.

9/02

RA Training: Behind Closed Doors II
Northwestern University
 Evanston, Illinois

Assisted in facilitation of residential life's training program. Consulted regarding psychological aspects of problematic situations likely encountered in the residential halls.

9/02

RA Training: Behind Closed Doors I
Northwestern University
 Evanston, Illinois

Assisted in facilitation of residential life's training program. Consulted regarding psychological aspects of problematic situations likely encountered in the residential halls.

10/01

National Depression Screening Day – Screener/Therapist
Nova Southeastern University
 Fort Lauderdale, Florida

Provided psychoeducational material and conducted screenings for individuals interested in learning more about their emotional state, in particularly depression as well as provided appropriate referrals.

- 10/01 **Drugs and Alcohol Workshop**
Nova Southeastern University Student Counseling Services
Nova Southeastern Community Mental Health Center
Fort Lauderdale, Florida
- Organized and led workshop promoting safe use of alcohol and informing about the dangers of recreational drug use.
- 10/01 **Eating Disorders Support Group**
Nova Southeastern University Student Counseling Services
and the NSU Office of Recreation and Wellness
Fort Lauderdale, Florida
- Instrumental in organizing and facilitating new support group to fill the needs of the student population. Provided education and access to community resources.
- 10/01 **Rainbow Reception**
Nova Southeastern University Student Counseling Services
and the NSU Office of Recreation and Wellness
Fort Lauderdale, Florida
- Instrumental in organizing and facilitating welcome event for GLBT students. Provided education and support for new students.
- 10/01 **Study Skills Workshop**
Nova Southeastern University Student Counseling Services
Nova Southeastern Community Mental Health Center
Fort Lauderdale, Florida
- Organized workshop that emphasized study skills and time management techniques. Also, emphasized strategies to combat test anxiety such as relaxation and positive self-talk. Psychoeducational materials were also provided.
- 09/01 **Debriefing and Rap Session**
Nova Southeastern University Student Counseling Services
Nova Southeastern University
Fort Lauderdale, Florida
- Organized and participated in debriefing of undergraduate students. Held informal “rap” sessions and activities in the residence halls to provide support and help students express their thoughts and feelings after the terrorist attacks on September 11, 2001.
- 09/01 **Gay, Lesbian, Bisexual, Transgender (GLBT) Support Group**
Nova Southeastern University Student Counseling Services
and the NSU Office of Recreation and Wellness
Fort Lauderdale, Florida
- Instrumental in organizing and facilitating new support group to fill the needs of the student population. Provided education and access to community resources.
- 08/01 **Sex and Intimacy Workshop**
Nova Southeastern University Student Counseling Services
Nova Southeastern Community Mental Health Center

Fort Lauderdale, Florida

Organized and led relationship workshop promoting intimacy and healthy relationships. Highlighted topics of safe sex, date rape, HIV/AIDS, communication, and sexual exploration.

07/01

Depression and Anxiety Awareness Booth– Screener/Therapist

Nova Southeastern University Student Counseling Services

Nova Southeastern University

Fort Lauderdale, Florida

Provided psychoeducational material and conducted screenings for individuals interested in learning more about their emotional state, in particularly depression and anxiety as well as provided appropriate referrals.

07/01

Communication Workshop

Nova Southeastern University Student Counseling Services

Nova Southeastern Community Mental Health Center

Fort Lauderdale, Florida

Organized and led workshop promoting communication and interpersonal skills. Taught why communication is essential to everyday interactions. Highlighted the roles of communicator and listener as well as the blocks to listening and ineffective communication. Provided guidelines for “fair disagreeing” and “feelings vocabulary.”

06/01

Stress Management Workshop

Nova Southeastern University Student Counseling Services

Nova Southeastern Community Mental Health Center

Fort Lauderdale, Florida

Organized and led workshop promoting stress management and anxiety reduction techniques. Taught diaphragmatic breathing, progressive muscle relaxation and guided imagery techniques to students. Psychoeducational information was also provided on how to cope with stress.

05/01

Relationship Workshop

Nova Southeastern University Student Counseling Services

Nova Southeastern Community Mental Health Center

Fort Lauderdale, Florida

Organized and led relationship workshop promoting communication, assertiveness and anger management.

04/01

Test Anxiety Workshop

Nova Southeastern University Student Counseling Services

Nova Southeastern Community Mental Health Center

Fort Lauderdale, Florida

Organized and led workshop on test anxiety in which taught relaxation techniques, thought stopping, and positive self talk to help students cope with these situations. Psychoeducational materials were also provided.

03/01

Student Interviewer

Graduate Admissions Interview Day

Nova Southeastern University

Fort Lauderdale, Florida

Conducted general interviews with prospective doctoral candidates

applying for admission to Nova Southeastern University.

- 05/00 **Organizer for Presentation to Older Adults**
Participated in organizing presentation at Century Village of Pembroke Pines, Florida, a retirement community, for Nova's Community Center for Older Adults (NCCOA).
- 03/00 **Warning Signs of Substance Abuse**
Western Senior High School
Ft. Lauderdale, Florida
- Met with peer counseling students to discuss substance abuse awareness and counseling strategies followed by open discussion, questions and answer session.
- 04/00 **National Alcohol Screening Day – Screener/Therapist**
Nova Southeastern University
Fort Lauderdale, Florida
- Provided psychoeducational material and conducted screenings for individuals interested in reducing alcohol, drug, and cigarette consumption as well as provided appropriate referrals.
- 08/97 – 06/99 **Liaison for ESOL Family**
Weston, Florida
- Assisted Spanish speaking parents of a developmentally delayed child seek and pursue services from Broward County School Board and Indian Trace Elementary School. Translated English/Spanish during face to face EAP meetings, as well as phone and written communications. Helped family with language barrier and cultural transition.
- 01/99 – 05/99 **Nova Community Center for Older Adults (NCCOA)**
Nova Southeastern University
Fort Lauderdale, Florida
- Attended weekly case conferencing, supervision, and bimonthly cognitive behavior seminars.

Conference Presentations and Publications

- 11/98 Azrin, H.H., Donohue, B., DeCato, L., Teichner, G., Howell, J., Scotilla, S. & **Almendares (Singer), S. B.** (October 1998). **Conduct disordered and substance abusing adolescents and their parents: Who's more dissatisfied in the relationship?** Poster presented at the 18th Annual Conference for the Florida Association for Behavioral Analysis, Daytona Beach, Florida.

Conferences, Colloquia, and Trainings Attended

- 6/03 Graduate Life at NU: 25% of the Students You Probably Don't Know Enough About
Presented by Diane Lin, Ph.D., Roberta Baer Ph.D., Pam Hazard, MD, Jeffrey Fine, Asra Kamal, & Vandna Sinha
Division of Student Affairs
Northwestern University, Evanston, Illinois
- 6/03 Disruptive Behavior v. Mental Illness: Challenges and Pitfalls in Handling Disciplinary Cases
Presented by John Dunkle, Ph.D.
Division of Student Affairs
Northwestern University, Evanston, Illinois

- 6/03 The New Century University: Case Studies and Dialogue
Presented by Caretta Cooke & John Dunkle, Ph.D.
Division of Student Affairs
Northwestern University, Evanston, Illinois
- 6/03 Self Psychology in Clinical Practice- 4 part Seminar
Presented by Jill Gardner, Ph.D.
Chicago Association for Psychoanalytic Psychology
Chicago, Illinois
- 4/03 Panel Presentation: Suicide on College Campuses
Presented by Jed Foundation.
Northwestern University, Evanston, Illinois
- 11/02 Symposium: *Harm Reduction—Just Say Know*
Presented by Anne J. Buckingham, Ph.D.
Northwestern University, Evanston, Illinois
- 10/02 Safe Space Training: *Training on LGBT Issues*
Presented by Residential Life
Northwestern University, Evanston, Illinois
- 10/02 Symposium: *The Young Adult Patient*
Presented by Department of Psychiatry, Evanston Northwestern Healthcare
Northwestern University, Evanston, Illinois
- 09/02 Symposium: *Psychotherapy with Muslim Clients—Context, Considerations, and Recommendations*
Presented by Jaleel K. Abdul-Adil, Ph.D., Omar Mahood, B.S., Sawssan R. Ahmed, B.A., Gwendolyn Khan, A.A., Allison L. Moore, B.A., Mona M. Amer, B.A.
American Psychological Association Annual Convention, Chicago, Illinois
- 09/02 Symposium: *Ghastly Tales and Quiet Revolutions—The Implications of Narrative Psychology*
Presented by Mary Brydon-Miller, Ph.D., John Miller, Ph.D., Michael Murray, Ph.D., Theodore R. Sarbin, Ph.D.
American Psychological Association Annual Convention, Chicago, Illinois
- 09/02 Symposium: *Athletes—Sitting on Top of the World...Right?*
Presented by Mitch Abrams, Psy.D., James Bauman, Ph.D., Chris Carr, Ph.D.
American Psychological Association Annual Convention, Chicago, Illinois
- 09/02 Symposium: Potential Barriers to the Psychotherapeutic Treatment of Ethnic Minority Males
Presented by Carlton W. Parks, Ph.D., Glenn I. Masnda, Ph.D., Tammy H. Ichinotsubo-Ezzi, Ph.D., Kamilah Woodson, M.A., Victor de la Cancela, Ph.D.
American Psychological Association Annual Convention, Chicago, Illinois
- 09/02 Symposium: *New Interventions for Marijuana Abuse in Adults and Adolescents*
Presented by Alan J. Budney, Ph.D., Robert S. Stephens, Ph.D., Roger A. Roffman, DSW, Catherine Stanger, Ph.D., Nancy Petry, Ph.D.
- 09/02 Symposium: *Crossing the No-Cry Zone—Engaging Men in Psychotherapy*
Presented by Fred E. Rabinowitz, Ph.D., Glenn E. Good, Ph.D., Holly Sweet, Ph.D. Sam V. Cochran, Ph.D.
American Psychological Association Annual Convention, Chicago, Illinois
- 09/02 Symposium: *Plenary When Darkness Eclipses the Light—Can Psychology Ignite the Torch?*
Presented by Ellen McGrath, Ph.D., Philip G. Zimbardo, Ph.D., Michael Feldschuh and Rob Marano, John T. Perez, Ph.D., Ginger Silverman, AHA! Consulting, Richie Murray
American Psychological Association Annual Convention, Chicago, Illinois
- 09/02 Thematic Programming Conversation Hour: *Meet the Renaissance Team*—Discussions with Eminent Psychologists on How Psychology has Changed the Modern World.
Presented by Frank Farley, Ph.D., Stephen J. Ceci, Ph.D., Patrick H. DeLeon, Ph.D., J.D., Albert Ellis, Ph.D., Lenore E. Walker, Ed.D.

Sheila Bloom Singer, Psy.D.

American Psychological Association Annual Convention, Chicago, Illinois

- 09/02 Thematic Programming: *Conversation with Studs Terkel—The Working Person's View of Fairness*
Presented by Virginia C. Mullin Psy.D., Studs Terkel, Rev. Ed Townley
American Psychological Association Annual Convention, Chicago, Illinois
- 09/02 Symposium: *Psychology Responds to Terrorism*
Presented by Ronald F. Levant, Ed.D., Kurt Salzinger, Ph.D., Annette M. La Greca, Ph.D., Margaret Heldring, Ph.D., Gerard A. Jacobs, Ph.D., Rhea K. Rarberman, APA
American Psychological Association Annual Convention, Chicago, Illinois
- 05/02 American Psychological Association Annual Convention, Chicago, Illinois
Symposium: *Clinical Observations Regarding Bulimia Among Black and White College Women*
Presented by Stephen Campbell, Ph. D.
Nova Southeastern University, Fort Lauderdale, Florida
- 09/01 Multicultural Discussion Series: *Raising the Profile on Diversity Issues and Increasing Awareness of Multicultural Competence*
Presented by Dean Ronald Levant, Ed.D., John Lewis, Ph.D., Timothy Moragne, Ph.D. and Lenore Walker, Ph.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 09/01 Symposium: *Psychology in the Schools*
Presented by Sarah Valley-Gray, Psy. D.
Nova Southeastern University, Fort Lauderdale, Florida
- 08/01 Symposium: *Do Career Interventions Make a Difference: An Overview of Research*
Presented by Susan C. Whiston, Ph.D., Steven D. Brown, Ph.D., Mary J. Heppner, Ph.D., Arnold Spokane, Ph.D., and W. Bruce Walsh, Ph.D.
American Psychological Association Annual Convention, San Francisco, California
- 08/01 Symposium: *Exploring Vocational Interests, Self-Efficacy, and Career Goals*
Presented by David P. Campbell, Ph.D., Judy Chartrand, Ph.D., Darrell A. Luzzo, Ph.D., Gary D. Gottfredson, Ph.D., and Dale Prediger, and Linda Mezyldo
American Psychological Association Annual Convention, San Francisco, California
- 08/01 Symposium: *How do Eminent Psychotherapist Personality Embody Their Own Theories?*
Presented by John C. Norcross, Ph.D., Michael F. Hoyt, Ph.D., Laura S. Brown, Ph.D., Albert Ellis, Ph.D., and Ernesto Spinelli, Ph.D.
American Psychological Association Annual Convention, San Francisco, California
- 08/01 Invited Address: *How I Survived 60 Years of Consulting Psychology Practice*
Presented by Albert Ellis, Ph.D.
American Psychological Association Annual Convention, San Francisco, California
- 08/01 Workshop: *Time-Limited Dynamic Psychotherapy (TLDP)*
Presented by Hanna Levenson, Ph.D.
American Psychological Association Annual Convention, San Francisco, California
- 08/01 Symposium: Spielberg *EMPathy—Symposium on Emotion, Motivation, and Personality*
Presented by Charles D. Spielberg, Ph.D., Eric Elich, Ph.D., Edward L. Deci, Ph.D., and David B. Watson, Ph.D.
American Psychological Association Annual Convention, San Francisco, California
- 08/01 Symposium: *Addressing LGB Adolescent Health and Mental Health in Schools*
Presented by Clinton W. Anderson, M.A., J. Davidson Porter, Ph.D., Richard Sawyer, Ph.D., Terry S. Gock, Ph.D., and Karen Anderson, Ph.D.
American Psychological Association Annual Convention, San Francisco, California
- 08/01 Symposium: *You Are What you Eat—Archaic Belief or Modern Truth?*

Presented by Lenny R. Vartanian, M.A.
American Psychological Association Annual Convention, San Francisco, California

- 08/01 Symposium: *Adolescent Substance Use and Abuse—Etiology and Treatment Efficacy*
Presented by Holly B. Waldron, Ph.D., Hyman Hops, Ph.D., Sheryl Kern-Jones, Ph.D.,
and Eric F. Wagner, Ph.D.
American Psychological Association Annual Convention, San Francisco, California
- 04/01 Symposium: *School Based Consultation*
Presented by Angela Waguespack, Ph.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 04/01 Symposium: *Diagnosis and Treatment of Post-Concussion Syndrome*
Presented by Wiley Mittenberg, Ph.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 04/01 Symposium: *Assessment of Children in the Schools*
Presented by Lane W. Roosa, Ed.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 04/01 Symposium: *Children of Two Nations: What They Have Taught Us About Their Adjustment and
How We Measure It*
Presented by Michael Lambert, Ph.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 04/01 Symposium: *Negotiation as Treatment Strategy with High-Risk Adolescents*
Presented by David Castro-Blanco, Ph.D., ABPP
Nova Southeastern University, Fort Lauderdale, Florida
- 03/01 Symposium: *Sexual Predator Laws: Legal, Ethical and Professional Issues*
Presented by David L. Shapiro, Ph.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 03/01 Symposium: *Treatment of Schizophrenia*
Presented by Stacey Lambert, Psy.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 02/01 Symposium: *Psychopharmacology and Psychotherapy, Coexistence, Codependence, or
Cooperation*
Presented by Joe Burns, Ph.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 01/01 Symposium: *Clinical and Forensic Assessments: Critical Differences*
Presented by David L. Shapiro, Ph.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 01/01 Symposium: *Normal Aspects of Addictive Behavior*
Presented by Mark B. Sobell, Ph.D., ABPP
Sponsored by Mental Health Training & Resource Cooperative
Nova Southeastern University, Fort Lauderdale, Florida
- 01/01 Symposium: *Power Sleep: Increasing Productivity and Quality of Life*
Presented by James B. Maas, Ph.D. professor of Psychology at Cornell University
Sponsored by the Cornell Alumni Association and Nova Southeastern University's Health
Sciences Department.
Nova Southeastern University, Fort Lauderdale, Florida
- 10/00 Symposium: *Beginning the Journey*
The 3rd Annual Beyond Internship Symposium
Presented by The Broward County Psychological Association and Nova Southeastern University
Nova Southeastern University, Fort Lauderdale, Florida

Sheila Bloom Singer, Psy.D.

- 09/00 Symposium: *Initial Assessment Using a Bowen Family System Lens*
Presented by Christopher Burnett, Psy.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 05/00 Symposium: *Multicultural Perspectives in the Mental Health Field: Training Graduate Students for the New Millennium*
Presented by the Ethnic Minority Association of Graduate Students (EMAGS)
Nova Southeastern University, Fort Lauderdale, Florida
- 04/00 Grand Rounds: *Through the Looking Glass*
Presented by Barry A. Schneider, Ph.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 03/00 *Substance Abuse Awareness Day*
Broward County Convention Center
Fort Lauderdale, Florida
- 09/99 –10/99 *Group Therapy Training for Guided Self-Change/One Stop Program*
Presented by Linda Sobell, Ph.D., ABPP
Nova Southeastern University, Fort Lauderdale, Florida
- 08/99 Grand Rounds: *Effective Case Study Using Guided Self-Change*
Presented by Linda Sobell, Ph.D., ABPP
Nova Southeastern University, Fort Lauderdale, Florida
- 01/99 - 04/99 *Stress Management Workshop Training*
for Nova Community Clinic for Older Adults (NCCOA)
Presented by William J. Kelleher, Ph.D.
Nova Southeastern University, Fort Lauderdale, Florida
- 02/98 Symposium: *False memory Creation: Theory, Research, Clinical, and Legal Implications*
Presented by Florida Atlantic University, Boca Raton, Florida.

Professional Affiliations

American Psychological Association, 1998 – present
 Florida Psychological Association, 2000 - present
 Association for Applied Behavioral Therapy, Student Affiliate, 2001
 International Association of Eating Disorder Professionals 2011-present
 International Association of Collaborative Professionals 2011-present